

## INSTRUCTIONS FOR HELICOBACTER PYLORI TEST

**Please read instructions completely before you begin.**

**OBJECTIVE:** The collection of one soft stool specimen when patient is most symptomatic.

### RESTRICTIONS AND PRECAUTIONS:

1. Allow at least one week after termination of medication before collecting stool specimen, Medications such as antibiotics, anti- parasitic, anti-malarials, mineral oil, antacids, non-absorbable anti-diarrheal preparations, or bismuth, e.g. Pepto Bismol, can affect the accuracy of the results. Do not use castor oil or liquid petrolatum. Do not collect the sample after undergoing radiological examination involving barium sulfate. **Do not discontinue medications without your physician's approval.**
2. Handle with care, the specimen represents a potential source of infection with parasites, bacteria or viruses.
3. In case of constipation, non-absorbable high fiber herbal laxatives may be used to produce softer stool specimens as long as they do not contain any anti-parasitic or anti-infectious ingredients.

### DIRECTIONS:

1. Place a stool sample paper in the front, dry part of toilet bowl. If your toilet bowl does not have a dry front part, you can place a newspaper on the toilet, put the seat down over it, and collect your specimen on top of that. Do not contaminate stool specimen with water or urine.
2. Using the spoon attached to the cap of the vial, collect small amounts of stool from near the top of your specimen and especially from areas that are slightly watery or bloody, if present, and place into vial. If diarrhea, collect the latter part of stool specimen. The stool sample paper is biodegradable; flush when done. **IMPORTANT: DO NOT FILL OVER FILL LINE. OVERFILLING CAN AFFECT THE ACCURACY OF RESULTS.**
3. Replace and tighten the spoon/cap. Make certain that vial is tightly capped to avoid leakage. Fill out label on vial. Place into Ziploc bag in which the vial was originally shipped to you.
4. Fill out the enclosed requisition form. **Samples not accompanied by the completed requisition form will NOT be processed.** If you want to use **Mastercard, Visa, or Discover (we do not accept American Express)**, include the credit card information on the requisition form.
5. **Vial should be packaged with the freezer gel packs in the same collection package that it was mailed in. Specimen should arrive to PCI within 2-3 days. If there is any lag time from collection of specimen to transport it should be kept frozen.**

Should you have any questions please use the "contact us" link on our website [www.parasitetesting.com](http://www.parasitetesting.com)

**You can receive your results directly from your patient profile; if you didn't register as a patient and only signed out as a guest, go to forget password, and then sign in, you will see your test under the tab reports.**