
INSTRUCTIONS FOR URINE TEST

Please read these instructions carefully before beginning the collection process.

Objective

To collect a clean-catch mid-stream urine sample for analysis.

Collection Instructions

1. Prepare the Container

- Unscrew the cap of the container provided.
- **Do not remove the preservative** from the container.

2. Handle the Preservative Safely

- The preservative is toxic if swallowed and may irritate the eyes or skin.
- In case of skin or eye contact: rinse the affected area with water, then wash with soap and water.
- If swallowed: **Do not induce vomiting**; drink plenty of water and seek medical attention.

3. Collect the Urine Sample

- To minimize contamination, collect a **clean-catch mid-stream sample**:
 - Begin urinating into the toilet.
 - Midway through, position the container to collect the urine.
 - Do not allow the container to touch your body.

4. Fill the Container

- Provide **50 mL of urine** in addition to the **preservative** already in the container.
- Screw the lid back onto the container securely.

5. Label the Sample

- Write your **full name** and the **date** on the label provided.

6. Storage and Shipping

- Store the specimen in a cool place until you are ready to mail it back to PCI for analysis.
 - Use a courier of your choice (USPS, UPS, FedEx, etc.) to send the samples to:
 - Ship the specimen to PCI with any delivery service
 - Send to PCI 11445 E. Via Linda #2-419, Scottsdale, AZ 85259- This address is a UPS store..
 - Shipment of samples is the responsibility of the patient. **PCI does not provide return labels.**
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Results

- If you have one, results will be available to your physician or practitioner within **3–5 business days** of receiving the samples (excluding weekends and holidays).
 - If registered as a patient on our website, you will receive your results through the patient portal.
 - If you still need to register, create a patient account on our website to access your results.
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Key Reminders

- Ensure the sample is a clean-catch mid-stream specimen.
- Do not remove or tamper with the preservative in the container.
- Securely screw the lid on the container and label it before shipping.

For additional questions, visit the **Contact Us** section of www.parasitetesting.com.