

## INSTRUCTIONS FOR WATER TEST

*Please read these instructions carefully before beginning the collection process.*

### Objective

To collect a clean-catch mid-stream water sample for analysis.

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### Collection Instructions

#### 1. Prepare the Container

- Unscrew the cap of the container provided.

#### 2. Collect the Water Sample

- Provide approximately **70 mL** of water in the container.
- If collecting from standing water, sample from the **deepest possible safe area beneath the surface**.

#### 3. Secure the Sample

- Screw the cap back onto the container tightly to prevent leaks.

#### 4. Label the Sample

- Write your **full name**, and the **location where the water sample was collected** on the label.

#### 6. Storage and Shipping

- Store the specimen in a cool place until you are ready to mail it back to PCI for analysis.
  - Use a courier of your choice (USPS, UPS, FedEx, etc.) to send the samples to:
  - Ship the specimen to PCI with any delivery service
  - Send to PCI 11445 E. Via Linda #2-419, Scottsdale, AZ 85259- This address is a UPS store..
  - Shipment of samples is the responsibility of the patient. **PCI does not provide return labels.**
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### Results

- If you have one, results will be available to your physician or practitioner within **3–5 business days** of receiving the samples (excluding weekends and holidays).
  - If registered as a patient on our website, you will receive your results through the patient portal.
  - If you still need to register, create a patient account on our website to access your results.
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### Key Reminders

- Collect the sample from a clean, deep area beneath the surface if possible.
- Ensure the container is securely sealed and labeled correctly before shipping.
- Store the sample in a cool place prior to shipping.

For additional questions, visit the **Contact Us** section of [www.parasitetesting.com](http://www.parasitetesting.com).